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Adolescent Abuse Substance Abuse Evidence Based

Evidence-Based
Approaches to Treating
Prevention And
Adolescent Substance
Treatment Issues
Use Disorders.

Research evidence
supports the
effectiveness of
various substance
abuse treatment
approaches for
adolescents. Examples
of specific evidence-
based approaches are

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described below, including behavioral and family-based interventions as well as medications. Each approach is designed to address specific aspects of adolescent drug use and its consequences for the individual, family, and society.

Evidence-Based Approaches to Treating Adolescent Substance ...

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Alcohol, marijuana, and tobacco are substances most commonly used by adolescents. 1. By 12th grade, about two-thirds of students have tried alcohol. 1. About half of 9th through 12th grade students reported ever having used marijuana. 2. About 4 in 10 9th through 12th grade students reported having tried cigarettes. 3.

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Teen Substance Use & Risks | CDC

Many treatment approaches are available to address the unique needs of adolescents. The focus of this guide is on evidence-based treatment approaches—those that have been scientifically tested and found to be effective in the treatment of adolescent substance abuse. Whether

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delivered in residential or inpatient settings or offered on an outpatient basis, effective treatments for adolescents primarily consist of some form of behavioral therapy.

Introduction | National Institute on Drug Abuse (NIDA)

This article reviews the epidemiology, etiologic risk and protective factors, and evidence-

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based approaches that have been found to be most effective in preventing adolescent substance use and abuse. Exemplary school- and family-based prevention programs for universal (everyone in population), selected (members of at-risk groups), and indicated (at-risk individuals) target populations are reviewed, along with model community-

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prevention
approaches.

Evidence-based interventions for preventing substance use ...

Prevention And
Treatment Issues
This review
synthesized findings
from 17 studies since
1998 regarding
evaluation of
outpatient treatments
for adolescent
substance abuse.
These studies
represented systematic

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design advances in adolescent clinical trial science. The research examined 46 different intervention conditions with a total sample of 2,307 adolescents.

Evidence-based psychosocial treatments for adolescent ...

Most adults who develop a substance use disorder report having started drug use in adolescence or

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young adulthood, so it is important to identify and intervene in drug use early. Adolescents can benefit from a drug abuse intervention even if they are not addicted to a drug. 18 Substance use disorders range from problematic use to addiction and can be treated successfully at any stage, and at any age. For young people, any drug use (even if it seems like only

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“experimentation”), is
cause...

Principles of Approaches To Adolescent Substance Use Prevention And Disorder Treatment Treatment Issues ...

In MST, the
adolescent's substance
abuse is viewed in
terms of characteristics
of the adolescent (e.g.,
favorable attitudes
toward drug use) and
those of his or her
family (e.g., poor

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discipline, conflict, parental drug abuse), peers (e.g., positive attitudes toward drug use), school (e.g., dropout, poor performance), and neighborhood (e.g., criminal subculture).

Family-Based Approaches | National Institute on Drug Abuse ...

Center for Substance Abuse Prevention The Center, a division of

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the Substance Abuse
and Mental Health
Services
Administration,
provides national
leadership in the
federal effort to
prevent alcohol,
tobacco, and other
drug problems.
National Registry of
Evidence-based
Programs and Practices
(NREPP)

Prevention |
Youth.gov

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Each approach to drug treatment is designed to address certain aspects of drug addiction and its consequences for the individual, family, and society. This section presents examples of treatment approaches and components that have an evidence base supporting their use. Each approach is designed to address certain aspects of drug addiction and its

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consequences for the
individual, family, and

Evidence Based

**Evidence-Based
Approaches to Drug
Addiction Treatment**

Treatment Issues
...

Evidence-Based And
Practices Resource
Center. SAMHSA is
committed to
improving prevention,
treatment, and
recovery support
services for mental and
substance use

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disorders. The Evidence-Based Practices Resource Center provides communities, clinicians, policy-makers and others with the information and tools to incorporate evidence-based practices into their communities or clinical settings.

**Evidence-Based
Practices Resource
Center | SAMHSA**

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There is strong evidence for the efficacy of psychosocial or behavioral interventions in the treatment of adolescent SUDs. As such, evidence-based behavioral interventions should be used as the backbone or platform for treating adolescents with SUDs. Working with parents and families can also improve treatment outcomes. All

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adolescents who present with substance use or SUDs need to be carefully assessed for co-occurring psychiatric disorders.

Treatment Strategies for Substance Use Disorders in ...

The Evidence-based Practices Substance Abuse Database at the University of the Washington ...

Preventing Drug Use

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Among Children and
Adolescents at NIDA
presents research-
based drug abuse
prevention principles,
an overview of
program planning,
critical first steps for
those

Finding Evidence- based Programs and Practices

A biological/genetic
perspective on
adolescent substance
abuse. School-based

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preventions and the evolution of evidence-based strategies. The role of adolescent self-help in substance abuse interventions. Community-based interventions to reduce alcohol use and misuse.

Adolescent Substance Abuse - Evidence-Based Approaches to ...

Substance abuse has a major impact on

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individuals, families, and communities, as its effects are cumulative, contributing to costly social, physical, and mental health problems. We conducted an overview of systematic reviews to evaluate the effectiveness of interventions to prevent substance abuse among adolescents.

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**Interventions for
Adolescent Substance Abuse
Substance Abuse:
Evidence Based
An Overview ...**

Prescription and over-the-counter medications are the most commonly misused substances, after alcohol, marijuana, and tobacco, among twelfth graders; 10 with 1 percent of youth between the ages of 12 and 17 reporting current opioid misuse.

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11 Youth who use opioids are more likely to use other substances. 10 Among youth under 21 who initiate heroin use, 80 percent misused prescription and/or over-the-counter medication before the age of 18. 12 National concerns about opioid misuse ...

Interventions for Substance Use Disorders in

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Adolescents ...

Abstract. Significant progress has been made since 1990 in the development and evaluation of prevention and treatments for adolescent drug abuse. This body of research reflects a greater focus on varying interventions using different theory-based psychotherapies, as well as a recognition of the unique developmental

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milestones specific to
adolescents.

Adolescent Substance Abuse Treatment: A Review of Evidence ...

Adolescent Substance
Abuse Treatment: A
Review of Evidence-
Based Research 152
outcomes ($n = 5$),
there was evidence of
signi cant impro
vements in drug use
com-

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**Adolescent
Substance Abuse
Treatment: A Review
of Evidence Based ...**

Mindfulness-Based
Substance Abuse
Prevention And
Treatment for
Adolescents is a group-
based curriculum
incorporating
mindfulness, self-
awareness, and
substance-abuse
treatment strategies
for use with
adolescents dealing
with substance use.

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The evidence-based, how-to format provides a curriculum for professionals to implement either partially, by picking and choosing sections that seem relevant, or in full over a number of weeks.

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